

You may use your ageLOC WellSpa iO device system up to 5 minutes, three times per week to daily, on each body area.

#### STEP 1: APPLY AGELOC BODY SERUM OR AGELOC BODY ACTIVATING GEL

Smooth your serum or gel liberally on the area to be treated, avoiding face, neck, chest, and groin. If you plan to treat more than one area, only apply the product to the area to be immediately treated.

#### STEP 2: STARTING A SESSION

Press the power button to turn on the device. All five indicator lights will illuminate the first time you power on. The number of illuminated indicator lights indicates the session time. Each time you press the Power button, you select a new time. Press the Power button again until you have selected your preferred time from 1–5 minutes. Your device will remember your setting for the next session. Place the device on the area of your skin where you've applied the serum or gel. The device will emit a tone, and your session will start automatically. Begin a new session for each treatment area.

#### STEP 3. DURING THE SESSION

Lightly glide the device over your skin. Take care to avoid sensitive areas. Each minute will be counted down by the sound of a tone and an indicator light turning off.

- A lack of product or a loss of contact with your skin will interrupt the current causing WellSpa iO to pause and emit a tone. Resume by placing the metallic nodes on your skin and/or applying more product as needed to ensure a smooth glide.
- The device will emit an alert tone if you are moving the device too quickly.
- To turn the device off at any time, simply press and hold the Power button until the lights turn off.

#### STEP 4. SESSION COMPLETION

At the end of your session, the device will emit a tone and automatically turn off. You will hear the same sound when you manually power off your device. Massage any excess serum or gel into your skin.

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