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**Are you able to skip and/or place a hold on a monthly shipment?**

Yes. If you would like to skip and/or place a hold on your monthly shipment, you may do so by going online to [www.nuskin.com](http://www.nuskin.com) or by contacting your local Support Center. By doing so however, you will have to start over on your consecutive monthly count in subscription. For example, if you have placed a subscription for 2 consecutive months, then decide to skip a shipment- you will start over with month 1 when you decide to reorder through subscription.

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